

# Shap Summit Hill Climb



## KENT VALLEY ROAD CLUB

Monday, May 2nd, 2022, at 12noon

NLTTA Spoco Series event promoted for and on behalf of Cycling Time Trials Ltd. under its rules and regulations. It is a charity event with no prizes. All surplus cash goes to NW Air Ambulance.

### EVENT HQ

Skelsmergh Community Hall (LA9 6NU) which is on the east side of the A6 approx. half a mile north of the Kendal town boundary. There is limited parking beside the lane leading from the A6 up to then hall and more parking space in the lay-by beside the A6 heading towards Kendal and limited parking is available in the Enterprise House lay-by, opposite Kendal Rugby Club, and behind the actual event start area. The HQ will be open from 10.30am.

### COVID RESTRICTIONS

The incidence of infection is still quite high in Cumbria so please observe the following: 1) If you don't have a pen for signing on in the HQ, and then signing out afterwards, simply use the one provided and then use the hand gel. 2) No more than five riders at a time to queue in the start area. 3) There will be no pusher-off and no refreshments after the event. 4) We intend to display results at the HQ but they will be published later on both the CTT and KVRRC websites.

A limited amount of extra clothing can be taken to the summit for riders to wear on the descent, but it must be bagged up and be in the start area early. It will be going up with the finish timekeeper ten minutes or so after the first rider!

### L817 COURSE DETAILS

Start from northerly exit of Enterprise House layby, on opposite side of A6 and approx.. 200 metres north of entrance to Kendal Rugby Club. Proceed north past the former Plough Inn (4.1 miles), Kendal Caravans (6.3 miles), ascending Hucks Brow (7.8 miles) to finish at wind gauge/weather station on Shap summit (9 miles).

### REGULATIONS:

- All riders must have working front (white) and rear (red) lights, either flashing or constant, on their bike that are both clearly visible to other road-users.
- Helmets are now mandatory for all riders.
- Competitors must sign the official Signing-on Sheet when collecting their number from HQ and be aware of any late instructions displayed at signing-on.
- Riders must return numbers to the HQ and sign the official Signing-Out Sheet afterwards.
- Competitors must not ride past the timekeepers, except when competing.
- Any competitor making a U-turn at the start or finish will be disqualified.
- Riders must keep to the left-hand side of the road except when overtaking.
- Riders must give their number at the finish and elsewhere if requested.
- Riders must not obstruct the road by standing in it at the start or finish.
- Riders must NOT ride with their heads down.

**Timekeepers: Tom Wall and Margaret Belk**

**Event Organiser: Richard Belk, tel. 079296 05815, email rbelk59105@aol.com**